

# An Approach. A Culture. A Feeling.

You can count on our team of Home Care professionals to deliver above and beyond “traditional home care”. Unapologetically determined, our team lives the spirit of *“The Assisting Hands Way”* in our beliefs and actions in order to provide the highest level of home care available today.

Our company culture represents exceptional standards and practices in today’s ever-changing caregiving industry. *Our Make it Happen and Do What it Takes* team approach to coordination and care is unparalleled and is fueled by our dedicated mission.

*“The Assisting Hands Way”* is all about the experiences of care- not just services. Our Caregivers are “heroes in disguise,” meeting people where they are at and using their gifts of compassion and skill to attend to and engage in the details that matter. Because we know that the little things are the big things.

It’s a sense of knowing that you have support from a care team working with you to take care of your family. It’s the reassuring feeling that those special and intangible nuances to care will be provided each and every time. It’s knowing that *This Is It and No One Can Do It Better*. It’s what you can’t put a price tag on. More than a way of doing, it’s a way of being. It’s how we deliver the care that we promise you.



## Our Difference

Our staff all has home care experience from the client-side. We have been in our client’s shoes, whether we were securing care for our loved ones or the one receiving care, we know exactly what you are going through and can answer any question you may have with empathy and true understanding.

We are accredited by the National Institute for Homecare Accreditation (NICHA) and regularly receive satisfaction scores above the national average.

Gerry Patrizio is the local owner. He is a Certified Dementia Practitioner and Certified Senior Advisor who received his MBA from Wagner College.



Assisting Hands<sup>®</sup>  
Home Care

Serving Mercer, Monmouth  
& Ocean Counties



732.272.0222

AssistingHands.com/Monmouth



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Your Home – Our Care<sup>®</sup>



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## Our Clients

Assisting Hands® Home Care takes care of people of all ages in Mercer, Monmouth and Ocean Counties, in many different situations:

- Adults of any age following hospitalization or surgery when walking, standing or driving may be difficult or unsafe
- People with disabilities
- Hospice patients
- New mothers, or mothers-to-be on restricted activity
- Assisted Living residents who may need more assistance, whether temporary or long-term
- Individuals with medical conditions that cause fatigue, weakness or general need for assistance

## Our Caregivers

Assisting Hands® caregivers are the foundation of our in-home care services. Our caregivers share our core values of caring, compassion, empathy and dependability and a passion for helping others.

Our professional caregivers are all certified by the New Jersey Board of Nursing after completing a comprehensive education. Then they are continually trained and supervised by our on-staff Director of Nursing. They are bonded, insured and background checked.

## Our Services Include:

### PERSONAL CARE

- Personal Hygiene Assistance
- Grooming / Oral Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention



### HOMEMAKER SERVICES

- Empty Trash / Sanitize Container
- Change Client Linens & Make Client Beds
- Vacuuming / Dusting
- Washing and Drying Dishes After Client Mealtime
- Client Laundry

### RESPITE SERVICES

*(3 Hours to 24 Hour Care Available)*

- Grocery Shopping
- Run Errands
- A Break for Family Caregiver

### OTHER SERVICES

- Medical alert alarms & equipment



## Fall Prevention

Chronic conditions, such as Parkinson's Disease, arthritis, memory impairments or pulmonary issues can increase fall risks due to the impact they have on balance, strength and mobility. A weakened person is more likely to have a lapse in judgment that could lead to an accident or they might be off-balance, which could lead to a fall.

If a loved one has fallen before, data suggests that 75% of those who fall will do so again within six months.

Someone who comes home from the hospital for an illness or procedure, is probably drained and exhausted, which can be a recipe for disaster.

New medications, recovering from anesthesia if a procedure was needed and stress can make a person dizzy, lightheaded or unbalanced making them a fall risk. This is especially true in the bathroom, where water and soap make things very slippery.

If you or your loved one is finding it difficult to complete everyday tasks like preparing food, standing, or getting out of bed, an in-home caregiver can help with those things that have become increasingly more difficult. This will allow for safer aging in place or healing.

Helping you remain  
**Happy** and at *Home!*™

**Assisting Hands® Home Care**

### Meeting Our Clients' Needs

- Dementia / Alzheimer's Assistance
- Post-Surgery Care
- Maternity Care
- Cancer Patient Care
- Hospice Support